

Thomaston District Schools K-8 SECOND STEP: A Violence Prevention Curriculum

Second Step: A Violence Prevention Curriculum is a universal prevention program that proactively teaches critical social and emotional skills to all children. The curriculum goals are focused on reducing aggressive and disruptive behavior while promoting social-emotional competence. When strategies that support positive behavior are taught throughout grades K-8, students and adults develop a common language, sense of safety and trusting acceptance of self and others.

It takes time to change behavior. This program is effective because students will receive consistent instruction from one year to the next. We know that the strategies are more likely to be used by students if they are reinforced by all adults at school.

Seven staff members from the Thomaston District attended the "Train the Trainers Session" and are certified to support staff members who will teach this program. As the Bullying Prevention issue expands at the state level, we are required to have a "Scientifically Based Research Intervention" program in Thomaston Schools. Second Step will be taught by classroom teachers with principals, counselors, and all staff playing supporting roles.

For more details, contact your building administrator.